



ARTISTIC WORKS
DENTISTRY

WISDOM TOOTH EXTRACTIONS

PRE-OP INSTRUCTIONS Conscious Sedation

Patients who have a clear understanding and expectation level before surgery have a greater peace of mind. The following instructions and information will help you prepare yourself and ensure that your oral surgery goes smoothly.

- You may **not** have anything to eat or drink (including water) after midnight prior to the appointment. You should, however, take any medications that your dentist has directed you to take before your surgery with a small sip of water.
- A responsible driver (with a vehicle) **MUST** transport you to and from your appointment (**NO MEDICAID TRANSPORTATION SERVICE ALLOWED**). In case of an emergency, your driver **MUST REMAIN** in the waiting area at all times during the surgery.

YOU MUST HAVE AN ADULT TO STAY WITH YOU FOR 24 HOURS AFTER SURGERY. YOU MUST NOT BE LEFT UNATTENDED

- Please wear loose fitting clothing with sleeves, which can be rolled up past the elbow and low-heeled shoes. Contact lenses (non-extended), jewelry, dentures, and nail polish must be removed.

- Call the dental office as soon as possible if you have any of the following “cold” or “flu” symptoms, such as:

Stuffy nose
Sore throat
Cough
Sinus drainage
Fever

- A parent or guardian must sign for and accompany anyone who is a minor under the age of 18 years of age.

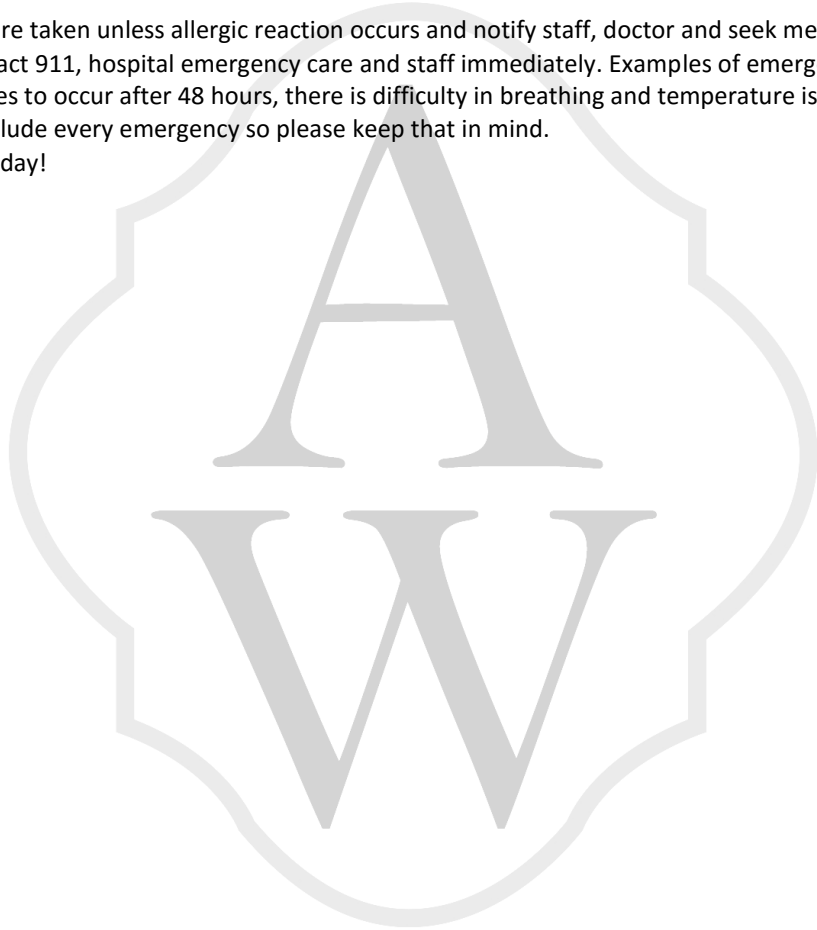
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Things to expect after treatment:

- **RINSES:** Do not rinse your mouth for the first twenty-four (24) hours. After that warm salt water will expedite healing and resolve swelling, should swelling persist. This should be done 36 hours after the procedure, **GENTLE** rinsing with ¼-teaspoon salt in 6 ounces of warm water. If you should choose to utilize an over-the-counter antimicrobial rinse, you must follow all printed directions on the package.
- **BLEEDING:** Occasional blood stains in the saliva for the next 4 or 5 hours are not unusual and will probably subside. If there is more persistent bleeding, you may attempt to control it with pressure in the following manner: slightly moisten a few gauze squares with water, place over extraction site and bite down. Change gauze every 30 minutes. If the bleeding persists at the end of 30 minutes, repeat the procedure. If the bleeding still has not stopped, report the problem to your dentist.
- **EATING:** Do not eat or drink anything until the numbness has completely worn off. Do not drink liquids using straw for 48 hours following extraction. Do not drink any acidic beverages for at least 3 -4 days.
- **SMOKING AND ALCOHOL:** Avoid smoking for (48-72 hours), as it will delay healing. Alcoholic beverages can be taken in moderation if so desired, provided it is not prohibited or restricted by an antibiotic and/or pain medication you may be prescribed.
- Elevate your head with at least two (2) pillows when you lie down or go to bed.
- If swelling occurs, apply a small ice pack to area (20 minutes on followed by 20 minutes off as needed).
- Maintain a soft diet for the first couple of days. Do not eat anything hard or crunchy. Try to avoid any grains, seeds or nuts. As could interfere with natural healing process and infection could occur.
- Small sharp bone fragments may work their way up through the gums during the healing process (these are not roots). If this occurs please call your dentist for simple removal.
- If prescribed Peridex, this will be used for a minimum of 5 days and will replace all brushing and other mouth rinses. Remember do not swish product. Let settle in mouth for 30 seconds then spit out.
- Do not disturb the sutures or “stitches” that have been placed. They are critically important to remain in place. Stitches will dissolve, become loose or even dislodge on their own. This is normal and is not an emergency if this occurs, unless membrane was placed or staff gives special instructions day of surgery.

- Make sure all antibiotics are taken unless allergic reaction occurs and notify staff, doctor and seek medical attention immediately.
- In case of emergency contact 911, hospital emergency care and staff immediately. Examples of emergencies are: Uncontrollable bleeding, swelling continues to occur after 48 hours, there is difficulty in breathing and temperature is over 100 degrees. These are just examples and does not include every emergency so please keep that in mind.
- Relax, rest and enjoy your day!





WARRANTY INFORMATION

At Artistic Works Dentistry we are confident in our work, which is why we provide our patients with a warranty on all our dental services. We guarantee our work for 3-5 years, depending on the service. The warranty begins on the date that treatment was rendered. In order to remain eligible for a warranty, it is the patient's responsibility to maintain all recommended hygiene appointments. In the event that the patient is unable to maintain appointments, the warranty is forfeited. Warranty does not cover tooth alterations as a result of forceful impact.

Our mission is 'To assist others in achieving optimal dental health by providing high quality services that proved long term oral health'.